

Consent to Examination and Treatment

Physical therapy is a patient care service that aims to treat disease, injury and disability by examination, evaluation, diagnosis, prognosis, and intervention through the use of rehabilitative procedures, mobilization, manual therapy, exercises, and more. Physical therapy also aids the patient in achieving their maximum potential within their capabilities and to accelerate and recue the length of recovery. Physical therapy is provided to individuals of all ages regardless of gender, color, ethnicity, creed, national origin, or disability.

Fenix Physical Therapy & Performance, LLC (Fenix PTP) is a hands on clinic. Some of the hands-on treatment techniques require deep pressure, which may cause bruising, and periods of increased soreness. This can last from 1-72 hours. Symptoms may also change and move to other parts of the body. This is not unusual and is rarely a concern; however, please ask if you have any concerns or questions.

It is your right to decline any part of your treatment at any time before or during treatment, should you feel any discomfort or pain or have other unresolved concerns. It is your right to ask your physical therapist about the treatment they have plans based on your individual history, physical therapy diagnosis, symptoms, and examination results. Consequently, it is your right to discuss the potential risks and benefits involved in her treatment.

Your response to physical therapy intervention varies from person to person. Therefore, **Fenix Physical Therapy and Performance, LLC, does not guarantee what your response will be to a specific treatment, nor does it guaranteed that the treatment will help resolve the condition for which you are seeking treatment.** The number of treatments needed and recovery time can vary due to the age of the injury and patient, number of times injured, and many other contributing factors. Furthermore, there is a small possibility that the physical therapy treatment may result in aggravation of existing symptoms and may cause pain or injury.

Fenix PTP also provides hands-on strength and conditioning services, and may involve placing of hands on the client in a professional manner to guide feedback for better movement or instruction on new techniques. All procedures will be explained to the patient prior to performing. There is a small risk that strength and conditioning may cause an increase in symptoms but they should not last for more than 24 to 48 hours.

By signing below, I do hereby agree and give my consent for Fenix Physical Therapy & Performance, LLC, to furnish care and treatment to me or the minor patient listed below that is considered necessary and proper in diagnosing and treating my physical condition, both physical therapy and/or strength and conditioning. This may include, but is not limited to: exercise, hands-on treatment, or use of medical tools and devices, whose purpose will be explained prior to use. I understand that Austin Fair, PT, DPT of Fenix Physical Therapy & Performance, LLC will take into consideration my/minor patient's conditioning and use his or her best judgment for my minor patient's safety to help achieve the goals for the treatment. I understand any potential risks, advantages of treatments, and options I have for alternatives. I agree to fully cooperate with and actively participate in all physical therapy procedures, and comply with the established plan of care. I understand that I may start my request for treatment before any procedure or test.

Signature of Patient/Legal Guardian

Date